**Summary/Purpose:** The Intramural Sports Program at The University of Mississippi is designed to give students, faculty, and staff the opportunity to participate in individual, dual, and team sports and special events.

The Intramural Sports Program is one of the oldest components of The Department of Campus Recreation. The program is very structured and offers individual, dual, and team sports for male and female participation. Participation is not required, and an individual does not have to be highly skilled to participate. In most sports, leagues are established based on the level of competition an individual/team desires to compete in. Intramural activities range from traditional sports such as flag football, basketball, and slow-pitch softball to non-traditional sports such as Texas Hold-em to an Outdoor Fest (homerun derby, horseshoes, and croquet). Some activities are scheduled over an extended period (5 to 6 weeks) while others take place during one or two afternoons/evenings.

The Intramural Guide to Participation can be found on the Campus Recreation web site at [http://www.olemiss.edu/depts/campus_recreation/intramurals/html/pguide.htm](http://www.olemiss.edu/depts/campus_recreation/intramurals/html/pguide.htm), and provides valuable information on the rules and regulations pertaining to intramurals and special events.